



# Wellbeing in Northern Ireland Schools

Your child is being invited to take part in a study that aims to better understand children's health and wellbeing at age 8-9 years old.

## Why are we doing this study?

Wellbeing has become an increasingly important focus in recent years, in particular that of children. There is currently a gap in understanding of children's wellbeing that this study aims to address. We have worked along a group of primary 5 pupils in NI to better understand their own perceptions of their wellbeing and have used this information, alongside existing research, to develop a survey that measures their health and wellbeing.

## What does participating involve?

Your child will be asked to complete a survey during the school day under the supervision of their teacher and/or relevant school staff. The survey has 63 questions and should take approximately 20/30 minutes to complete.

If you would like more information you can use this link or scan the QR code:

<https://drive.google.com/file/d/1JD4Vvargwk3GTdL0iaOdSL2A9ttCQZGu/view?usp=sharing>

